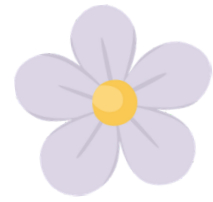




EMPOWERED SERVICES
Newsletter
May 2026



Welcome Spring!

Let's embrace the sunshine and fresh beginnings that Spring brings to our community!

Why Advocacy Matters

Identifying gaps in current supports.

Mother's Day

Mother's Day honors mothers, caregivers, and all who nurture others.

- Their impact on families and communities is deeply valued.
- Small acts of appreciation can make a big difference.

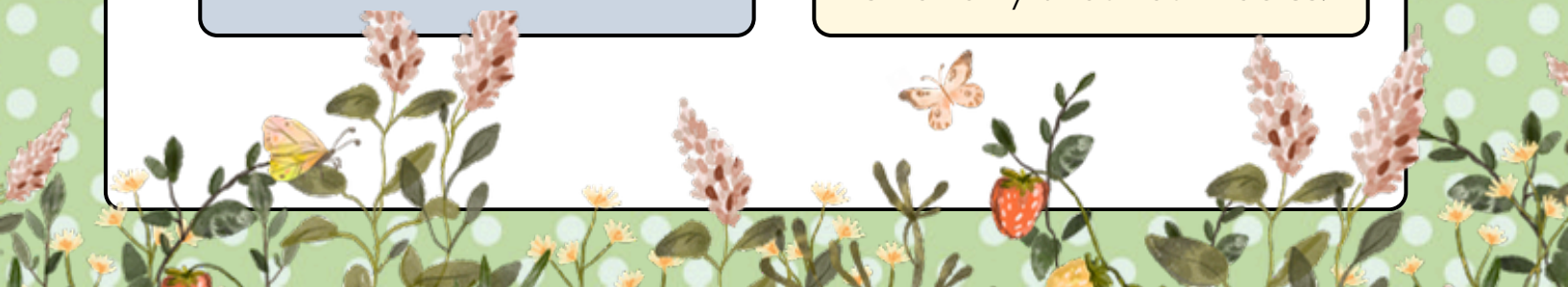
May Events

Mark your calendars! We have a lineup of events planned for everyone.

- May 4th & 5th: Wildlife Safari Discovery Days
- May 8th: Fun at the Library
- May 18th & 20th: Sensory-Friendly Movies

Wellness Connection

May is Mental Health Awareness Month. It is a good reminder that wellness is not only about our bodies.





A Letter From John

Dear friends and families,

Every May, the calendar reminds us to honor our mothers. At Empowered Services, the mothers we serve remind us every week.

We meet them in the hardest moments, after a diagnosis, mid-crisis, at kitchen tables trying to make sense of a system they never expected to navigate. We meet them in the long moments, too, raising adult children with dignity and fierce advocacy, carrying the weight of care for years, sometimes decades, without ever calling themselves a caregiver.

They learn medical vocabulary they never wanted to know. They become experts in their own children. They show up to IEP meetings, doctor's appointments, and insurance calls with a clarity born of love and a patience most of us couldn't sustain for a week. And when the day is done, they do it again tomorrow.

If you are a mother reading this — biological, adoptive, step, foster, bonus, or a grandmother raising grandchildren — we don't just thank you. We follow your lead. You have taught this company what showing up really looks like.

HAPPY
Mother's Day 

— **John Marvin**

Owner, Empowered Services



Introducing...



Dylan
SURRETT



Hello Empowered Services Family,

We are overjoyed to welcome the newest member of our Empowered Services family, Dylan Surret, who will be serving as the Chief Executive Officer .

Dylan is a mission-driven leader with experience in disability services, operations, compliance, workforce development, and organizational development. His work has centered on building strong systems, supporting teams, and creating person-centered services that better serve individuals, families, and communities. Having begun his journey with Empowered as a Direct Support Professional, he brings both organizational leadership and firsthand service experience to his role.

His leadership is shaped by both professional experience and a deeply personal connection to the IDD community. Through direct caregiving and long-term advocacy for an individual in his care who now lives with him full time, Dylan has experience navigating behavioral supports, service systems, and complex legal and care-related processes. That perspective continues to influence the way he leads – with empathy, clarity, and a strong belief that services should be built around real people, real needs, and real outcomes.

Outside of work, Dylan enjoys a life that is active, a little chaotic, and always full. He and his wife have an ever-growing crew of animals – four dogs, seven chickens, and two cats so far – and wouldn't have it any other way. He is serious about fitness, works out five days a week, and is currently working toward the 1500 club. When they get the chance, he and his wife love taking off on spur-of-the-moment trips, hiking mountain trails, and chasing waterfalls across Oregon

Dylan's Contact Info: 📞 (503) 855-3581 Ext. 109 ✉️ dylan@empowered-services.org

Mother's Day

Mother's Day is a meaningful opportunity to pause and recognize the incredible women who give so much of themselves to others. It is a day to honor mothers, grandmothers, caregivers, and all those who take on nurturing roles with compassion, strength, and dedication.

At Empowered Services, we see firsthand the impact that mothers and caregivers have, not only within their families, but throughout our entire community. Their ability to balance responsibilities, provide support, and show unwavering care is truly inspiring. Whether it's offering a listening ear, advocating for loved ones, or simply being a steady presence, their contributions do not go unnoticed.

Motherhood and caregiving come in many forms, and each journey is unique. Today, we celebrate all experiences, the joys, the challenges, and the resilience that comes with them. We also recognize those who may find this day difficult, and we hold space for reflection, remembrance, and support.

This Mother's Day, we encourage everyone to take a moment to show appreciation in a way that feels meaningful. A simple "thank you," a handwritten note, a phone call, or spending quality time together can make a lasting impact. Acts of kindness, no matter how small, help strengthen the connections that matter most.

As an organization rooted in compassion and empowerment, we are grateful for the many mothers and caregivers who are part of our team and the communities we serve. Your dedication, empathy, and strength embody the values we strive to uphold every day.

To all the mothers and caregivers: thank you for the love you give, the sacrifices you make, and the difference you create. You are appreciated, valued, and celebrated, today and always.

A woman with long dark hair is hugging a young child with dark hair from behind. They are both smiling and looking down. The woman is wearing a pink top. The child is wearing a dark top. The background is a soft-focus indoor setting.

To the Moms Who Hold It All Together



This one is for you.

The mom who wakes up before the sun to get everyone else ready before she even thinks about herself. The mom who works a full shift as a DSP and comes home to start her second shift as a parent. The mom on our admin team who answers emails while packing lunches. The mom who is also a family caregiver, loving and advocating for her child with every ounce of energy she has, even on the days when there's nothing left in the tank. And the mom who is one of the incredible individuals we serve, navigating motherhood with courage and strength that inspires everyone around her. Every single one of you is extraordinary.

We see you. And we need you to hear something, you cannot pour from an empty cup.

At Empowered Services, we understand that caregiving is hard. Whether you're caring for the individuals we serve, caring for your own family, raising your children while receiving support yourself, or doing all of the above — the weight you carry is real. And we believe that taking care of you isn't a luxury. It's a necessity.

That's why we're not just talking about wellness, we're building it into who we are as an organization.

🌱 What We're Doing

Our commitment to our team goes beyond operations. We are actively investing in the wellness of our staff because we know that when our people are healthy, rested, and valued, everyone benefits. Here's how:

We encourage our DSPs to use their PTO.

Not save it. Not feel guilty about it. Use it. You earned it. You need it. And the people you serve are better off when you come back recharged.

We're working smarter on scheduling.

We are actively partnering with families and the individuals we serve to better understand their schedules, identify DSPs to cover more hours, and reduce overtime, because burnout doesn't serve anyone. Our goal is to make sure you can do this work sustainably, not just survive it.

We launched our Wellness Program.

Each month, we encourage our DSPs to do something, anything, for their own self-care and share it with their County Coordinator. Every submission enters you into a drawing for a wellness gift from Empowered Services. Because we want to reward you for taking care of you.



EMPOWERED STAR

Congratulations on being recognized as the Empowered Star. We are so proud of the example you set for everyone in the IDD Community!



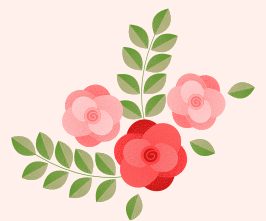
ETHAN OUR FEATURED CUSTOMER OF THE MONTH

Hello, my name is Ethan. I am kind, a bit shy, and I am an animal lover. I enjoy spending my time doing things like fishing, bowling, and going to youth group at my church. Church is a place where I always feel comfortable, happy, and supported. It means a lot to me, and I enjoy being part of that community.

I also really like being outside, especially when it's sunny. When the weather is nice, I get to do more activities, and that makes me feel good. Being outdoors helps me relax and enjoy my time even more.

I spend a lot of time with my DSP, and I'm very thankful for him. He is always there to help me whenever I need it, and he is a great guy. I feel like I was matched with the best DSP ever. We have a strong connection because we are patient with each other and we like to do activities together that we both enjoy.

I like to stay active and try new things, but I also appreciate having someone I trust by my side. Having support like that makes a big difference in my life. I'm grateful for the opportunities I have to go out, be involved, and enjoy the things I love. Thank you, Empowered Services, for finding me the best DSP ever.



PILLAR OF EMPOWERMENT

Congratulations on being recognized as the provider of the month. Your dedication and hard work have set a remarkable example!



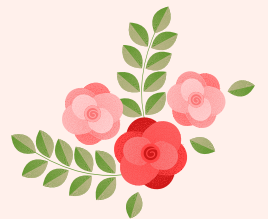
JACOB OUR FEATURED DSP OF THE MONTH

My name is Jacob, and I'm passionate about working with youth in my community and being a positive influence in their lives. I'm actively involved at my church, Grace Chapel in Wilsonville, where I serve as a volunteer leader in the youth ministry and work part-time as a facilities assistant.

I've had the privilege of working as a DSP with two different families from my church. I began with the first family a couple of months after leaving my job at a grocery store. When my time with that family ended, I was able to support another family whose son is part of the youth ministry where I volunteer. Having that shared church connection has made the experience especially meaningful, allowing me to invest more deeply in my community.

My customer is a thoughtful and caring individual, as well as a great older brother. He looks for ways to help others whenever he can and is doing a great job in school.

I truly enjoy being part of the Empowered Services team. My customer and I attend weekly bowling events, which have provided great opportunities to connect with other providers, clients, and county coordinators.



empowered-services.org

Story Corner

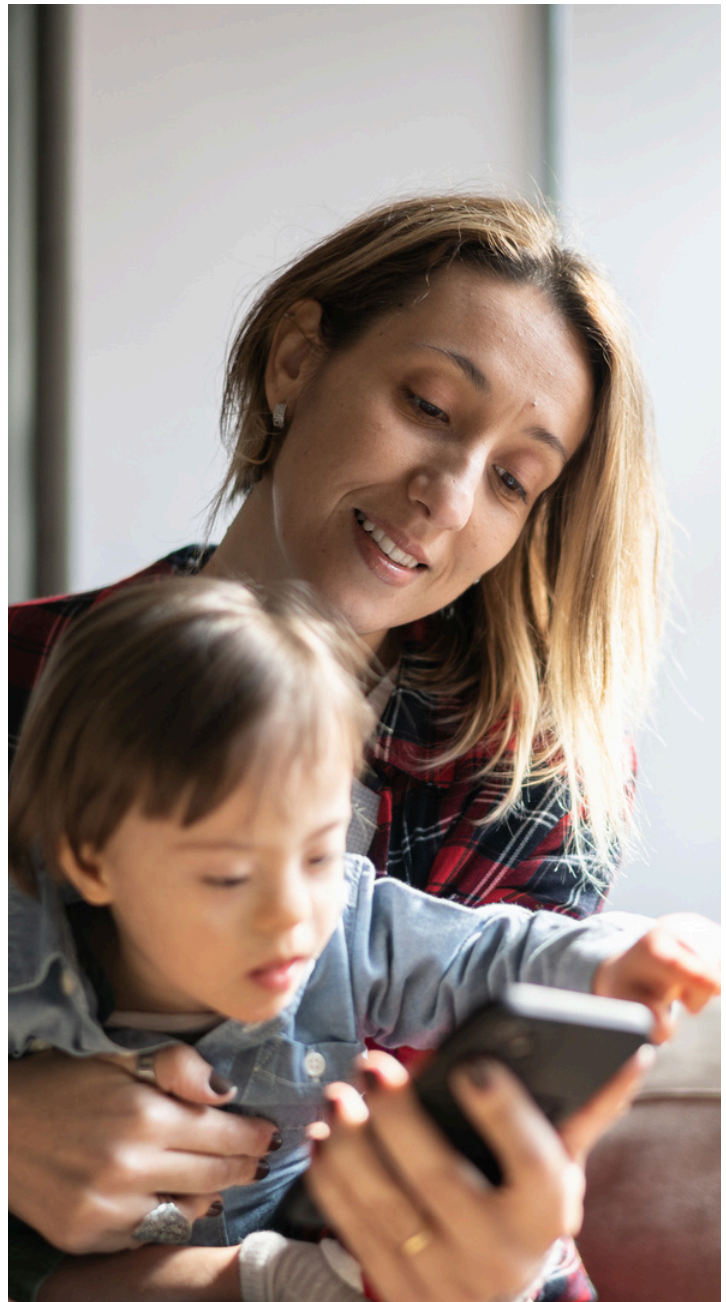
Finding the Right Fit:

Three Paths to the Right Provider

Picture this: a mother called us shortly after her daughter was diagnosed. She was overwhelmed, still absorbing the news, and trying to make sense of a system she'd never needed to navigate. We walked with her through the transition, the paperwork, the choices, the questions no one prepares you to ask.

By the time she was settled, her daughter had three Direct Support Professionals on the team. One was Grandma. One came from a church pew. One came from our own recruiting. All three arrived through different doors. All three were the right match.

That one family is a working picture of how Empowered Services matches customers with providers. We don't have one matching process. We have three — because the right provider rarely comes from the same place twice, and every customer deserves a match built on real trust.



Finding the Right Fit (cont'd)

1. The person you already trust

Grandma was the first name out of the mother's mouth. She already knew her granddaughter. She already loved her. She had time, energy, and a calling to help. Our job was to bring her onto the team the right way — through our Empowered Choice Program (ECP), which is how we hire, credential, and train family members, trusted friends, and neighbors to serve the people they already love.

This path exists because some of our strongest matches walk through the door with the customer. A parent. An adult sibling. A longtime family friend. When a customer tells us they already know who they want beside them, we take that seriously — and the relationship the family already depends on becomes a fully supported, compliant part of our care team. The trust is already there. Our job is to equip it.



At Empowered Services, the right match isn't a coincidence. It's a commitment.



2. A recommendation from the inside

The second DSP came from a church pew. One of our current DSPs told us, "I know somebody from my church who would be perfect for this family." She was right. They met, the fit was immediate, and the match has held ever since.

The people who understand our culture best are the ones already living it. Our DSPs regularly introduce us to customers who need services and to fellow providers who would thrive on our team. When a DSP we trust vouches for someone, that recommendation carries real weight — and it usually becomes one of our most durable matches. Word travels on this kind of work, and we're grateful the word our team spreads is the right one.

Finding the Right Fit (cont'd)



3. When we bring both sides to the table

The third DSP came from our own recruiting. The family needed additional coverage, and none of their own circles had the right person for the remaining hours. So our team went to work — reviewing applicants, checking for fit, and introducing a provider whose schedule, skills, and personality matched what the family actually needed.

This is what happens on the other side of the table. We actively recruit qualified DSPs through multiple channels, and new customers come through a thorough intake. As profiles arrive, our coordinators look at the full picture, schedule, geography, experience, communication style, shared interests, goals, and introduce people who genuinely fit. It takes more time on the front end. It saves everyone heartache on the back end.

Why we bother with three

A DSP shift is not a delivery. It's a day in someone's life — and over a year, it's hundreds of them. When the match is right, customers gain independence, families exhale, and providers discover their work is quietly reshaping someone's life. That's worth the extra care we put into getting there.

The mother who called us overwhelmed doesn't call overwhelmed anymore. Her daughter has three people in her corner. That's the math we're in business for.

— **John Marvin**

Owner, Empowered Services

Know someone? We'd love an introduction.

- A customer who needs services, connect them with our intake team
- A family member or friend ready to serve as a DSP, send them to our HR team
- A provider who would be a great addition to the team, same door; we'll take it from there

[View Our Career Listing](#) 

[Submit A Customer Intake Form](#) 

EMPOWERED WELLNESS CONNECTION



At Empowered Services, we focused on wellness and self-care throughout the past month, recognizing how important it is for our providers to take time to recharge and care for themselves. We connected with our providers and encouraged them to take part in self-care activities, challenging them to prioritize their well-being while continuing the amazing work they do every day.

We loved hearing the different ways our providers practiced self-care and supported their own wellness. Your dedication not only impacts those you serve, but also shows the importance of taking care of yourself along the way.

Each month, we will be hosting a raffle for providers who participate in our self-care initiatives. Our May winner is Maria S congratulations! Thank you to everyone who participated, and we look forward to continuing this journey together.

March Winner 

April Winner 

KALEPH:LEER,TERAPIAS



MAYA E: "ART MUSEUM!!"



PHILIP W: "MASSAGE"



MENTAL HEALTH AWARENESS MONTH: SUPPORTING THE WHOLE PERSON



May is Mental Health Awareness Month. It is a good reminder that wellness is not only about our bodies. Mental health is also part of wellness. It affects how we feel, communicate, connect with others, handle stress, and move through each day.

For people in the IDD community, mental health needs can sometimes be missed. A person may not always say, “I feel anxious,” “I feel sad,” or “I am overwhelmed.” Instead, they may show us through changes in behavior, sleep, eating, energy, mood, communication, or routine.

That is why it is important for families, providers, DSPs, case managers, friends, and community members to look beyond the surface and ask:

What might this person be trying to tell us?

A change in behavior is not always “just behavior.” It may be stress. It may be grief. It may be fear, loneliness, confusion, too much noise or activity, or a need for more support. Sometimes it may even be pain or a medical concern that the person cannot easily explain.

Mental health support starts with paying attention. Notice when someone seems different from their usual self. Are they pulling away from things they usually enjoy? Are they asking the same question more often? Are they getting upset more quickly? Are they sleeping more or less? Are they avoiding certain people, places, or activities? These signs matter. They can help us understand when someone may need comfort, space, structure, a doctor visit, counseling, or simply a trusted person who slows down and listens.



SUPPORTING MENTAL HEALTH IN EVERYDAY LIFE

Mental health support does not always have to be complicated. Small, steady actions can make a big difference.

Families and support teams can help by keeping routines clear, offering choices, using simple communication, watching for changes, creating calm spaces, encouraging connection, and giving people time to process their feelings.

It can also help to use simple tools, such as a feelings chart, a daily check-in, a calm-down plan, or a list of things that help the person feel safe. For some people, that may be music, quiet time, a walk, a favorite activity, calling someone they trust, or having fewer people talk at once.

Most importantly, we should plan for a person's hard days, not only their best days. Everyone has days when they need extra patience, flexibility, and support. For someone in the IDD community, a change in staff, routine, family support, health, housing, work, or relationships can have a big impact. When support teams plan ahead, they can often lower stress before it becomes a crisis.

WELLNESS INCLUDES EVERYONE

This article follows our wellness and self-care focus from the past month because the message is connected: wellness matters for everyone.

Providers need wellness. Families need wellness. DSPs need wellness. Customers need wellness. Support teams need wellness. When caregivers and providers care for themselves, they are better able to show up with patience, kindness, and steady support. When customers are supported in their mental health, they are more likely to feel safe, heard, and understood.

At Empowered Services, we believe support should focus on the whole person. Not just a diagnosis. Not just a behavior. Not just a support need.

We believe in asking better questions.

We believe in listening closely.

We believe mental health is health.

And we believe in building a community where people feel seen, valued, and supported—not only during Mental Health Awareness Month, but all year long.



Thank
you

EASTER EGG HUNT EVENT



Special Days in May

May 1st: National May Day

May Day is a celebration of spring and new beginnings. People celebrate by enjoying flowers, dancing, and spending time outdoors as the weather gets warmer and plants start to bloom.



May 4th: National Star Wars Day

Star Wars Day is a fun day for fans of the movies. It's celebrated on May 4th because it sounds like the famous line "May the Force be with you." People celebrate by watching the movies, dressing up, and sharing their love for Star Wars.



May 10th: National Mother's Day

Mother's Day is a special day to celebrate and honor mothers and caregivers. It is a time to say thank you for their love, care, and support. People celebrate by giving cards, flowers, or gifts, and by spending quality time together. Some families also make meals or do kind things to show appreciation for everything moms do every day.



May 16th : National BBQ Day

National BBQ Day is a fun day to enjoy cooking and eating food outside, especially on the grill. People celebrate by having barbecues with family and friends, making foods like burgers, hot dogs, and grilled veggies while spending time together outdoors.



May 26th: National Paper Airplane Day

National Paper Airplane Day is a fun day to make and fly paper airplanes. People celebrate by folding different designs, seeing how far they can fly, and enjoying friendly competitions with friends and family.



Planning for the Hard Days, Not Just the Best Ones

CEO – Dylan Surrett

May, 2026

When families prepare for ISP and ONA meetings, it is natural to want to talk about progress. We want others to see how far our loved one has come. We want to share the wins, the growth, and the things that are going well.

And that matters.

But when it comes to support planning, especially attendant care, we cannot build a plan around someone's best day. We have to build it around the days when support is needed most.

That does not mean focusing only on struggle. It means being honest about what happens when routines change, stress increases, support is inconsistent, or a trusted caregiver is no longer there. Those are the moments that show us what support truly needs to be in place.

Progress still depends on support

Many individuals are doing well today because the right supports are already there.

They may have a routine that works. They may have a DSP who knows them well. They may have someone who understands their communication style, triggers, calming strategies, and daily needs. That progress is real, and it should be celebrated. But families can sometimes unintentionally leave out an important part of the story: the support behind the success.

If we only talk about how well things are going, and not what is making that possible, it can create the impression that fewer supports are needed than what is actually true. In many cases, success is happening because someone is already prompting, supervising, redirecting, calming, organizing, or stepping in before things become overwhelming.



That is why these meetings should include more than, "They are doing much better now."

They should also include, "They are doing better because these supports are in place."

Ask what happens on the hard days

A helpful question during ISP and ONA meetings is not just, "What does life look like on a good day?" It is also, "What happens on the hard days?"

What happens when routines change?

What happens when stress rises?

What happens if a preferred DSP is unavailable?

What happens if a long-term staff leaves altogether?

These questions matter because support needs do not disappear just because things are going smoothly right now.

A person may appear calm, successful, and more independent because the people around them know exactly how to support them. But if that support suddenly changes, behaviors or challenges may return. There may be more refusals, more distress, more shutdowns, more aggression, more wandering, or more difficulty with communication, transitions, and self-regulation.

That does not always mean the person has gone backward. It may simply mean an important support was removed.



cont'd

A staffing change can reveal the real level of need

One of the clearest examples of this is when a long-term DSP leaves.

A trusted DSP often becomes part of a person's stability. They know how to read early signs of stress. They know what helps during transitions. They know how to prevent escalation before it starts. If that person leaves, the impact can be significant.

A person who usually seems stable may suddenly need more structure, more supervision, more reassurance, more behavior support, or a slower transition to new staff. That possibility should be part of the conversation during planning, because it helps the team think through what support would be needed if consistency is disrupted.

Planning around the hardest day means asking not only what support is working now, but what support would be needed if the current system changed.

Identifying gaps in current supports

This is also where an extra person in the room can make a big difference.

Families know their loved one best, but when you are living it every day, many supports start to feel normal. It is easy to forget the little things because they have become part of the routine.

A county coordinator or DSP who knows the person well may be able to point out gaps in support that are easy to miss in the moment.

Sometimes the gap is not about adding a brand-new service. Sometimes it is about noticing what is not fully captured already.

Maybe a person is technically completing a task, but only with several reminders.

Maybe they can tolerate community outings, but only if a trusted staff uses specific calming strategies.

Maybe behaviors are reduced, but only because the current DSP knows exactly how to prevent escalation.

Maybe the current plan reflects what support looks like when everything is stable, but not what happens when a key support is gone.

Those are important gaps to identify.

An Empowered county coordinator or DSP may be able to help families name those supports more clearly, recognize patterns they may not think to mention, and point out where the current plan may not fully reflect what is actually required for success.

Why advocacy matters

Having someone beside you in these meetings is not about exaggerating needs. It is about making sure the full picture is seen.

A strong advocate can help connect the dots between a person's progress and the supports that made that progress possible. They can help make sure the conversation reflects not just what the person can do on a good day, but what support is needed for them to remain safe, stable, and successful when life gets harder.

That is good planning.

At Empowered, we believe families should not have to carry that responsibility alone. Having a county coordinator or DSP present during ISP and ONA meetings can help identify support needs, highlight gaps, and make sure the full picture is represented when it matters most.

Because when we plan for the hard days, we do more than protect services.

We help protect stability, safety, and success for the days in between.

ANIMALS ON A LOG

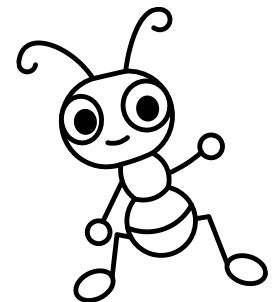


Ingredients

- Celery sticks
- Peanut butter (or almond butter, cream cheese, or Nutella)
- Fruit (grapes, blueberries, or raisins)

Directions

- Wash the celery.
- Cut the celery into small sticks.
- Spread peanut butter (or your choice) on the celery.
- Put the fruit on top.
- Eat and enjoy!



FINGER PRINT FLOWERS

SUPPLIES

- PAPER
- FINGER PAINTS (VARIOUS COLORS)
- PAPER TOWELS OR WIPES
- PAPER PLATES



STEPS TO MAKE YOUR FINGERPRINT FLOWER

1. Place your paper on a flat surface.
2. Pour paint onto a paper plate.
3. Choose your paint colors.
4. Dip your fingers into the paint.
5. Gently press or swipe your fingers onto the paper to create shapes and designs.
6. Mix colors if you'd like to create new ones.
7. Continue painting until your picture is complete.
8. Let your artwork dry.



Cinco de Mayo



Cinco de Mayo is a celebration of Mexican culture, history, and pride. It commemorates the Battle of Puebla on May 5, 1862, when a smaller and less-equipped Mexican army defeated the powerful French forces. This victory became a symbol of resilience, unity, and determination.

Although it is often mistaken for Mexico's Independence Day (which is celebrated on September 16), Cinco de Mayo specifically honors this important historical moment. While it is a relatively minor holiday in Mexico, it has grown in popularity in the United States as a way to celebrate Mexican heritage and culture.

At Empowered Services, we value the importance of celebrating diverse cultures and the richness they bring to our community. Cinco de Mayo is a wonderful opportunity to learn more about Mexican traditions, enjoy cultural foods and music, and connect with others.

Whether it's trying a new recipe, listening to traditional music, or spending time with friends and family, there are many ways to take part in the celebration.

We encourage everyone to take a moment to appreciate the history and culture behind Cinco de Mayo and enjoy the spirit of community it represents.



Fun at the Library

Mother's Day Cards

COME CREATE A YOUR MOTHER'S
DAYS CARD



MAY 8TH

2:00pm-4:00pm

**WHERE: OREGON CITY LIBRARY
606 JOHN ADAMS ST, OREGON CITY, OR
97045 (COMMUNITY ROOM)**

3:00pm-4:30pm

**WHERE: TUALATIN LIBRARY
18878 SW MARTINAZZI AVE,
TUALATIN, OR 97062**

2:00pm-3:00pm

**WHERE: NEWBERG LIBRARY
503 E. HANCOCK STREET, NEWBERG,
OR 97132 (AUSTIN MEETING ROOM)**

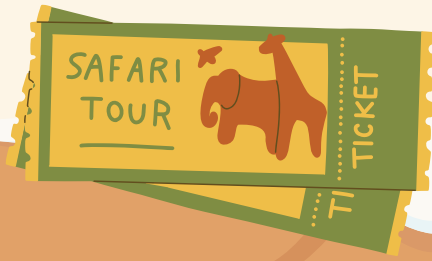
3:00pm-4:30pm

**WHERE: BROADWAY COMMONS
1300 BROADWAY ST NE,
SALEM, OR 97301 (ROOM 202)**

3:00pm-4:00pm

**WHERE: WHIRLED PIES
606 JOHN ADAMS ST, EUGENE, OR 97045
(COMMUNITY ROOM)**





DISCOVERY DAYS WILDLIFE SAFARI

DATES: MAY 4TH - 5TH

TIME: 9:00 AM - 6:00 PM

LOCATION:

1790 SAFARI RD, WINSTON, OR 97496

**FREE TICKETS ARE AVAILABLE REACH OUT TO
YOUR COUNTY COORDINATOR**



EMPOWERED SERVICES BOWLING



Bowling Events

Tuesdays: Sherwood Langers (\$4)
3:00pm to 4:00pm

Wednesdays: Wilsonville Bullwinkles (\$5)
3:30pm to 4:30pm

Fridays: The Rec in Keizer (\$4)
3:30pm to 4:30pm



EMPOWERED SERVICES

8101 SW Nyberg St.
Suite 217
Tualatin, OR 97062

empowered-services.org



REGISTER HERE



SENSORY FRIENDLY MOVIE NIGHTS

FREE - LIMITED SEATING

MAY 20TH @ 5:45PM

REGAL HILLTOP IN
OREGON CITY
325 Beavercreek Rd,
Oregon City, OR 97045

Partnered with:



Sponsored by:





REGISTER HERE



SENSORY FRIENDLY MOVIE NIGHTS

FREE - LIMITED SEATING

MAY 18TH @ 6:30PM

METRO CINEMAS
888 WILLAMETTE ST,
EUGENE, OR 97401

Partnered with:



Sponsored by:



Coming Soon....

FUN WITH LEGOS

*Plan it, Build it,
Take it Home!*


EMPOWERED SERVICES
In Partnership with



Locations in many locations near you!

- Salem
- Portland
- Newberg
- Columbia City
- Salem
- Hillsboro
- Beaverton
- More to be added soon!

**Hilyard
Community
College**
2580 Hilyard St.
Eugene, OR 97405



Free Events
Limited Space
Must Register
to Attend

<https://charity.pledgeit.org/Legos>



FORGE | Parenting Inside Out

12 WEEK PARENTING SERIES

FAMILY · OPPORTUNITY · RESILIENCE · GRIT · ENGAGEMENT

Thursday Nights: April 2nd – June 18th 2026

5:00 pm – 8:30 pm

Clackamas Community College Harmony Campus

7738 SE Harmony Road, Milwaukie, OR 97222, Room# 170 & 172

**CHILDCARE
AVAILABLE**



**DINNER
PROVIDED**

Free for participants. Serving Clackamas and Multnomah counties, register today!



503-546-6578



nwfs.org



forge@nwfs.org

The production of this flyer was supported by Grant 90ZJ0117 from ACF. Its content are solely the responsibility of NWFS and do not necessarily represent the official views of ACF.

Empowered IDD Resources



♥ INFORMATION | 👤 CONNECTION | 🌿 COMMUNITY | ⚙️ POSSIBILITIES
Building an inclusive Oregon for individuals with intellectual and developmental disabilities.



📍 OREGON-WIDE RESOURCES | 📅 EVENTS & PROGRAMS | ❤️ SUPPORT & ADVOCACY | ⭐ EVERY PERSON. EVERY POSSIBILITY.

Activities, classes, adaptive sports, sensory-friendly outings, and community meetups, updated for May 2026. Confirm details before attending.

(empowered-services.org/empowered-resources)

CLICK HERE



NOW HIRING!

DIRECT SUPPORT PROFESSIONALS AT EMPOWERED SERVICES



**\$1000 Referral
Bonus**



LOCATION:

DSP Positions Available
Across All Oregon Counties



RATE OF PAY:

Competitive Pay rate
Available in Part-time or
Full-time positions

Are you outgoing, energetic, and self-motivated? Do you have a passion for helping others and creating a positive impact in your community? If so, we have the perfect job for you!

Join our family-like team at Empowered Services, where you can make a difference while enjoying flexible hours and community-based work.

OUR BENEFITS INCLUDE:

- 🕒 Accrued PTO
- 💼 401K matching up to 3%
- 🏠 Future health insurance options

REQUIREMENTS:

- ✓ Must be 18 or older with a High School Diploma/GED
- ✓ 1 year of DSP/Customer Service Experience
- ✓ Obtain First-Aid/CPR Certification & pass a background check
- ✓ Clean Driving Record with Full-Coverage Auto Insurance

Take the first step towards your new rewarding career with Empowered Services today!

Join us in our mission to empower individuals every day. Your future starts here!
Empowered Services is an equal opportunity employer.

GET IN TOUCH :

📞 503-855-3581



Info@empowered-services.org
www.empowered-services.org



8101 SW Nyberg St. Suite 217 Tualatin, OR 97062

TO APPLY, SCAN THE QR CODE BELOW





SUPPORTING YOUR LOVED ONE'S JOURNEY TOWARDS A FULFILLING LIFE

At Empowered Services, we specialize in providing personalized Direct Support services to children and adults with developmental disabilities. Our team of caring and compassionate staff and providers are dedicated to improving the lives of those we serve by connecting them with the best possible providers to meet their unique needs and preferences.

We believe that everyone deserves the opportunity and tools to promote a fulfilling life. That's why we're passionate about providing the support and resources necessary to make that happen. We work closely with families, providers, and other support networks to ensure our customers receive the highest quality of care in a safe, inclusive, and supportive environment.

BRING YOUR OWN CAREGIVER PROGRAM

Experience personalized caregiving with our Bring Your Own Caregiver (BYOC) Program! Our focus is on you and your loved ones, ensuring seamless support with your chosen Direct Support Professionals (DSPs) arriving promptly. Your chosen DSP's will enjoy flexible compensation options tailored to your needs, empowering caregivers for a fulfilling journey. Join countless families benefiting from Empowered Services' compassionate care. Enroll today and empower your family by choosing your own caregiver for a personalized and transformative caregiving experience!

CHOOSE EMPOWERED SERVICES FOR:

- ✓ Personalized Direct Support services
- ✓ Compassionate guidance and support
- ✓ Collaborative approach with families and support networks
- ✓ Meaningful connections between customers and providers
- ✓ Safe, inclusive, and supportive environment
- ✓ Join us in supporting your loved one's journey towards a fulfilling life.
- ✓ Contact us today to learn more about how we can help.



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¡ESTAMOS CONTRATANDO! PROFESIONAL DE APOYO DIRECTO EN EMPOWERED SERVICES



BONO DE REFERENCIA DE \$500:

¿Conoces a alguien perfecto para el trabajo?

UBICACIÓN:

Puesto de DSP (Profesional de Apoyo Directo) disponibles en todos los condados de Oregon

TASA DE PAGO:

Tasa de pago competitiva disponible en puestos de medio tiempo o tiempo completo

¿Eres extrovertido, enérgico y automotivado? ¿Tiene usted pasión por ayudar a los demás y crear un impacto positivo en su comunidad? ¡Si es así, tenemos el trabajo perfecto para ti!

Unase a nuestra equipo familiar en Empowered Services, donde puede marcar la diferencia mientras disfruta de horarios flexibles y trabajo basado en la comunidad.

NUESTROS BENEFICIOS INCLUYEN:

-  PTO (Tiempo libre pagado) Acumulado
-  Aporte al 401k con igualación hasta un 3%
-  Opciones futuras de seguro de salud

REQUERIMIENTOS:

- ✓ Debe tener 18 años o más y un diploma de la High School/GED
- ✓ 1 año de experiencia como DSP/Servicio al cliente
- ✓ Obtener su certificación de primeros auxilios/CPR y pasar una verificación de antecedentes
- ✓ Historial de conducir limpio con seguro de automóvil con cobertura completa

¡Toma el primer paso hacia tu nueva carrera gratificante con Empowered Services hoy!

Unase a nuestra misión para empoderar a las personas todos los días.
¡Su futuro comienza aquí! Empowered Services es un empleador que ofrece igualdad de.

PONTE EN CONTACTO :

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PARA APLICAR, ESCANEE EL CÓDIGO QR





APOYANDO EL CAMINO DE SU SER QUERIDO HACIA UNA VIDA PLENA

En Empowered Services nos especializamos en brindar servicios de Apoyo Directo personalizado a niños y adultos con discapacidades del desarrollo. Nuestro equipo de personal y proveedores atentos y compasivos están dedicados a mejorar la vida de losn que servimos conectandolos con los mejores proveedores posible para satisfacer sus necesidades y preferencias únicas.

Creemos que todos merecen la oportunidad y herramientas para promover una vida plena. Es por eso que nos apasiona brindar el apoyo y recursos necesarios para hacerlo posible. Trabajamos en estrecha colaboración con las familias, proveedores y otras redes de apoyo para garantizar que nuestros clientes reciban la más alta calidad de cuidado en un entorno seguro, inclusivo y de apoyo.

PROGRAMA DE TRAER SU PROPIO CUIDADOR

Experimente un cuidado personalizado con nuestro programa Traer su propio cuidador (BYOC Bring Your Own Caregiver). Nos centramos en usted y sus seres queridos, garantizando un apoyo continuo con los profesionales de apoyo directo (DSP) que elija y que llegarán puntualmente. El apoyo directo que elija disfrutará de opciones de compensación flexibles adaptadas a sus necesidades, lo que empodera a los cuidadores para que tengan una experiencia satisfactoria. Unase a numerosas familias que se benefician de la atención compasiva de Empowered Services. ¡Inscríbase hoy y empodere a su familia eligiendo a su propio cuidador para una experiencia de cuidado personalizada y transformadora!



SELECCIONE

EMPOWERED SERVICES PARA:

- ✓ Servicio personalizados de Apoyo Directo
- ✓ Orientación y apoyo compasivo
- ✓ Enfoque colaborativo con familias y redes de apoyos
- ✓ Conexiones significativas entre los clientes y proveedores
- ✓ Entorno seguro, inclusivo y de apoyo
- ✓ Únete a nosotros a apoyar el camino de su ser querido hacia una vida plena
- ✓ Contáctenos hoy para obtener más información sobre cómo podemos ayudar

