



As Christmas fills this season with joy, I want to express my heartfelt gratitude for each of you. Our providers and our customers are the true gifts of Empowered Services.

To our providers, your care and dedication shine every day. To our customers and families, your trust means more than words can say. You give purpose to everything we do.

May this season bring you peace, joy, and renewed hope. You are valued, appreciated, and deeply treasured.

From all of us at Empowered Services, Merry Christmas and warm wishes for a joyful New Year.

-John CEO/Owner

Dear Santa,

Click here for ...

[December Events](#)

-December 11th: *Coco & Craft PJ Party*

-December 12th: *Library Event (Snow Globes)*

-December 17th: *Sensory Friendly Movie (Utopia 2)*





As the Christmas season fills the air with joy and light, our hearts at Empowered Services are filled with gratitude for the people who make everything we do possible.

The most meaningful gifts are not wrapped in ribbons or found beneath a tree. They are the people who give of themselves, their compassion, their talents, and their hearts.

This December, we celebrate you, our amazing providers and cherished customers, because you are the true gift of this season.

To our providers, your care and dedication shine brighter than the lights of Christmas. You bring hope and comfort every day and remind us that serving others is one of life's greatest blessings.

To our customers and families, your trust is a gift we treasure. You allow us to walk beside you, to support you, and to share in your journey. Together we make every day brighter and every season more meaningful.

May this Christmas bring you peace, joy, and a renewed sense of hope. You are valued, appreciated, and truly the gift that makes this season shine.

From all of us at Empowered Services,

Merry Christmas and heartfelt blessings for a joyful New Year!



# MERRY Christmas



As we enter this beautiful Christmas season, I am filled with sincere gratitude for every person who is part of Empowered Services. This time of year reminds us that the most meaningful gifts are not wrapped. They are the people who give their time, their care, and their kindness. Each of you is a reflection of that spirit, and it is felt in everything we do.

To our dedicated providers, thank you for the compassion and strength you bring to every day. Your commitment lights the way for so many and demonstrates the true heart of service. The impact you make is powerful and lasting, and I am deeply thankful for your work. To our customers and families, your trust is a gift we never take for granted. You invite us into important moments of your lives, and it is an honor to support your journey. You inspire us to serve with excellence and purpose.

This season offers us a chance to pause and focus on what matters most. I hope Christmas brings peace to your homes, joy to your days, and hope to your hearts. Please know that you are valued, appreciated, and an essential part of the Empowered Services family. From my heart to yours, Merry Christmas and warm wishes for a joyful and blessed New Year.

-Sandi: COO

# PILLAR OF EMPOWERMENT

**Congratulations on being recognized as the Star of the Month. Your dedication and hard work have set a remarkable example!**



## RANDI OUR FEATURED DSP OF THE MONTH

*Randi is a compassionate and dedicated member of our community. She is the proud mother of 4 adult children and the joyful grandmother of 2, and her love for her family shines through in everything she does. She enjoys exploring thrift and antique shops and has a special passion for collecting vintage kitchen pieces from Corning Glassworks, treasures that bring history and charm to her 1978 home.*

*Randi's journey in the I and DD community began when her daughter Kate was born with developmental delays. What started as an unexpected path has become one of the greatest blessings in her life.*

*Kate continues to inspire her with a bright spirit, a joyful sense of wonder, and an ability to bring light to every space she enters. Randi often shares how much she has grown as a mother and as a person because of the love and perspective Kate brings into the world.*

*Randi is deeply grateful for Empowered Services and the opportunity to care for Kate at home while being supported by kind and committed caregivers who help enrich her daughter's daily experiences. She looks forward to the future with hope and enthusiasm, always eager to celebrate each new milestone. We are honored to recognize Randi as our Pillar of Empowerment.*



# EMPOWERED STAR

Congratulations on being recognized as the Empowered Star. We are so proud of the example you set for everyone in the IDD Community!



## KATE

### OUR FEATURED CUSTOMER OF THE MONTH

We are excited to celebrate Kate as our Empowered Star. She brings joy, energy, and kindness everywhere she goes. Kate loves to dance, and she brings that same fun spirit into everything she does. When she is not dancing, you can often find her visiting the Oregon coast. Even though our beaches are usually misty and cool rather than bright and sunny, she loves the peaceful atmosphere and the beauty of the waves.

Kate also shines in the kitchen, especially during the holidays. Her deviled eggs and sweet potato casserole are always favorites. She enjoys cooking for the people she loves, and she especially loves being the official taste tester during holiday meal prep.

Family means the world to Kate. She treasures her role as an Auntie and loves spending quality time with her family. Her heart is as soft and sweet as her squishmallows, which makes everyone around her feel welcome and appreciated.

Kate is also an enthusiastic shopper who finds joy in discovering new things and treating herself and her loved ones.

We are grateful to have Kate as part of our Empowered Services community and we celebrate all the positivity she brings.

Congratulations to Kate, our Empowered Star.



# Cocoa & Crafts Pz Party



Where:

Family Life Church

502 Saint Paul Hwy.  
Newberg, OR 97132

Dec. 11th  
4:00pm to 6:00pm

RSVP Here



EMPOWERED SERVICES



REGISTER HERE



# SENSORY FRIENDLY MOVIE NIGHTS

FREE - LIMITED SEATING

DECEMBER 17TH | 5:45 PM

REGAL HILLTOP IN  
OREGON CITY  
325 Beavercreek Rd,  
Oregon City, OR 97045

Partnered with:



Sponsored by:





# Fun at the Library



EMPOWERED SERVICES



December & January



WHERE: 18878 SW MARTINAZZI AVE,  
TUALATIN, OR 97062

December 12th  
2:30pm-4:30pm



## Snow Globe Madness!

Come create a dreamy wintery  
wonderland with us!



January 12th  
3:00pm-4:30pm



## Winter Wonderland

Come create a winter wonderland  
with Trees & Snow!



# Special Days in December

EMPOWERED SERVICES

## December 2nd: National Special Education Day

A 1971 court case affirmed that children with disabilities must have access to public education. This led to a 1975 federal law, now called the Individuals with Disabilities Education Act, which ensures equal access and continues to guide services for these students.

## December 4th: National Sock Day

National Sock Day on December 4th recognizes the rarest of all lasting unities, the marriage of matched socks. When they find each other, wash after wash, dry after to dry, it's time to celebrate!

## December 13th: National Cocoa Day

We make hot cocoa with cocoa powder, hot milk or water, and sugar. Americans often mix up the terms, but hot chocolate is different because it uses ground chocolate with cocoa butter mixed into hot milk to create a richer drink.

## December 21st: National Flashlight Day

Around 1899 the dry cell and small electric bulbs made the first battery powered flashlights possible. Modern flashlights use incandescent or LED lights and can run on disposable, rechargeable, hand powered, or solar powered energy. National Flashlight Day on Winter Solstice reminds us to turn on some lights during the shortest day of the year.

## December 25: Christmas Day

Also called Christmas Day, this holiday comes from the Old English term that means Christ's Mass. Today it is a public holiday in most countries. Christmas traditions vary widely and have changed over time, often blending customs from different cultures.

## December 31: New Year's Eve

On December 31st, people around the world celebrate New Year's Eve, the last day of the year and a time to welcome a new beginning. Also called Old Year's Day or Saint Sylvester's Day, it is a major holiday in many countries, with some treating it as a public or government holiday and others giving workers time off for the festivities.



# M&M Pretzel Treats

## Ingredients:

- 24 Mini Pretzels
- 24 Hershey's Chocolate Kisses
- 24 Christmas M&M's



- Preheat oven to 250 degrees.
- Arrange the pretzels evenly on a baking sheet lined with parchment paper.
- Unwrap each Hershey Kiss and place one in the center of each pretzel.
- Place the baking sheet in the oven on the middle rack for exactly 4 minutes.
- Remove the tray from the oven and immediately place a M&M in the center of the chocolate kiss. Slightly press the candy into the chocolate.
- Allow the chocolate to cool completely before transferring to a bowl or a cellophane bag.

# Christmas Cinnamon Air Freshener



Supplies:

- Cinnamon Stick
- Green/Christmas Color Ribbon
- Yellow or Star Button
- Glue
- Scissors

## Instructions:

1. Cut Ribbon into 5 inch strips.
2. Tie 6 green ribbons around the cinnamon stick in a double knot.
3. Cut the ribbons in the shape of a Christmas Tree.
4. Glue yellow button (round or star shaped) at the top of the cinnamon stick.



check out our...



(Bring Your Own Caregiver)

Program

Because the best care starts with someone who truly knows your heart!

Through our BYOC Program, your trusted person can become a paid caregiver. With benefits like Health Insurance, Dental, Vision, PTO, and 401K.

At Empowered Services, we believe that care should never feel like a transaction. It should feel like trust, like family, like home.

Simple to Apply,  
Compassionate  
by Design



EMPOWERED SERVICES

# Resources & Events



## December Community Resources

As winter arrives, December invites us to reflect on the year and appreciate the community we share.  
New opportunities remind us to keep learning and growing together.  
Every act of kindness strengthens our circle of care.  
Let us celebrate this season of light, where every voice adds warmth.



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# EMPOWERED SERVICES BOWLING



## *Bowling Events*

Tuesdays: Sherwood Langers (\$4)  
3:00pm to 4:00pm

Wednesdays: Wilsonville Bullwinkles (\$5)  
3:30pm to 4:30pm

Fridays: The Rec in Keizer (\$4)  
3:30pm to 4:30pm



**EMPOWERED SERVICES**  
INSPIRATION. OPPORTUNITY. SUPPORT

8101 SW Nyberg St.  
Suite 217  
Tualatin, OR 97062

[empowered-services.org](http://empowered-services.org)



**DATE: December 18th**

***Entrance & Parking Fee Waived***

**Blue Lake Regional Park**

**21224 NE Blue Lake Road in Fairview**

**Oxbow Regional Park**

**3010 SE Oxbow Parkway in Gresham**

**Broughton Beach Chinook**

**44141 NE Marine Drive in Portland**

**Chinook Landing Marine Park**

**55201 NE 223rd Ave. in Fairview**

For more information & dates, visit [Oregon Metro's website.](https://www.oregonmetro.gov/)



# NOW HIRING!

## DIRECT SUPPORT PROFESSIONALS

### AT EMPOWERED SERVICES



#### **\$500 REFERRAL BONUS:**

Know someone who would be perfect for the job?

#### **LOCATION:**

DSP Positions Available  
Across All Oregon Counties

#### **RATE OF PAY:**

Competitive Pay rate  
Available in Part-time or  
Full-time positions

Are you outgoing, energetic, and self-motivated? Do you have a passion for helping others and creating a positive impact in your community? If so, we have the perfect job for you!

Join our family-like team at Empowered Services, where you can make a difference while enjoying flexible hours and community-based work.

#### **OUR BENEFITS INCLUDE:**

-  Accrued PTO
-  401K matching up to 3%
-  Future health insurance options

#### **REQUIREMENTS:**

- ✓ Must be 18 or older with a High School Diploma/GED
- ✓ 1 year of DSP/Customer Service Experience
- ✓ Obtain First-Aid/CPR Certification & pass a background check
- ✓ Clean Driving Record with Full-Coverage Auto Insurance

**Take the first step towards your new rewarding career with Empowered Services today!**

Join us in our mission to empower individuals every day. Your future starts here!  
Empowered Services is an equal opportunity employer.

#### **GET IN TOUCH :**

 503-855-3581

 [Info@empowered-services.org](mailto:Info@empowered-services.org)  
[www.empowered-services.org](http://www.empowered-services.org)  
 8101 SW Nyberg St. Suite 217 Tualatin, OR 97062

**TO APPLY, SCAN THE QR CODE BELOW**





## SUPPORTING YOUR LOVED ONE'S JOURNEY TOWARDS A FULFILLING LIFE

At Empowered Services, we specialize in providing personalized Direct Support services to children and adults with developmental disabilities. Our team of caring and compassionate staff and providers are dedicated to improving the lives of those we serve by connecting them with the best possible providers to meet their unique needs and preferences.

We believe that everyone deserves the opportunity and tools to promote a fulfilling life. That's why we're passionate about providing the support and resources necessary to make that happen. We work closely with families, providers, and other support networks to ensure our customers receive the highest quality of care in a safe, inclusive, and supportive environment.

### BRING YOUR OWN CAREGIVER PROGRAM

Experience personalized caregiving with our Bring Your Own Caregiver (BYOC) Program! Our focus is on you and your loved ones, ensuring seamless support with your chosen Direct Support Professionals (DSPs) arriving promptly. Your chosen DSP's will enjoy flexible compensation options tailored to your needs, empowering caregivers for a fulfilling journey. Join countless families benefiting from Empowered Services' compassionate care. Enroll today and empower your family by choosing your own caregiver for a personalized and transformative caregiving experience!

### CHOOSE EMPOWERED SERVICES FOR:

- ✓ Personalized Direct Support services
- ✓ Compassionate guidance and support
- ✓ Collaborative approach with families and support networks
- ✓ Meaningful connections between customers and providers
- ✓ Safe, inclusive, and supportive environment
- ✓ Join us in supporting your loved one's journey towards a fulfilling life.
- ✓ Contact us today to learn more about how we can help.



Info@empowered-services.org  
www.empowered-services.org



8101 SW Nyberg St.  
Suite 217 Tualatin, OR 97062

**GET IN TOUCH :** ☎ 503-855-3581





# ¡ESTAMOS CONTRATANDO! PROFESIONAL DE APOYO DIRECTO EN EMPOWERED SERVICES



 **BONO DE REFERENCIA DE \$500:**  
¿Conoces a alguien perfecto para el trabajo?

 **UBICACIÓN:**  
Puesto de DSP (Profesional de Apoyo Directo) disponibles en todos los condados de Oregon

 **TASA DE PAGO:**  
Tasa de pago competitiva disponible en puestos de medio tiempo o tiempo completo

¿Eres extrovertido, enérgico y automotivado? ¿Tiene usted pasión por ayudar a los demás y crear un impacto positivo en su comunidad? ¡Si es así, tenemos el trabajo perfecto para ti!  
Unase a nuestra equipo familiar en Empowered Services, donde puede marcar la diferencia mientras disfruta de horarios flexibles y trabajo basado en la comunidad.

## NUESTROS BENEFICIOS INCLUYEN:

-  PTO (Tiempo libre pagado) Acumulado
-  Aporte al 401k con igualación hasta un 3%
-  Opciones futuras de seguro de salud

## REQUERIMIENTOS:

- ✓ Debe tener 18 años o más y un diploma de la High School/GED
- ✓ 1 año de experiencia como DSP/Servicio al cliente
- ✓ Obtener su certificación de primeros auxilios/CPR y pasar una verificación de antecedentes
- ✓ Historial de conducir limpio con seguro de automóvil con cobertura completa

**¡Toma el primer paso hacia tu nueva carrera gratificante con Empowered Services hoy!**

Unase a nuestra misión para empoderar a las personas todos los días.  
¡Su futuro comienza aquí! Empowered Services es un empleador que ofrece igualdad de.

**PARA APLICAR, ESCANEE EL CÓDIGO QR**

**PONTE EN CONTACTO :**

 503-855-3581

 [Info@empowered-services.org](mailto:Info@empowered-services.org)  
[www.empowered-services.org](http://www.empowered-services.org)  
 8101 SW Nyberg St. Suite 217 Tualatin, OR 97062





## APOYANDO EL CAMINO DE SU SER QUERIDO HACIA UNA VIDA PLENA

En Empowered Services nos especializamos en brindar servicios de Apoyo Directo personalizado a niños y adultos con discapacidades del desarrollo. Nuestro equipo de personal y proveedores atentos y compasivos están dedicados a mejorar la vida de losn que servimos conectandolos con los mejores proveedores posible para satisfacer sus necesidades y preferencias únicas.

Creemos que todos merecen la oportunidad y herramientas para promover una vida plena. Es por eso que nos apasiona brindar el apoyo y recursos necesarios para hacerlo posible. Trabajamos en estrecha colaboración con las familias, proveedores y otras redes de apoyo para garantizar que nuestros clientes reciban la más alta calidad de cuidado en un entorno seguro, inclusivo y de apoyo.

### PROGRAMA DE TRAER SU PROPIO CUIDADOR

Experimente un cuidado personalizado con nuestro programa Traer su propio cuidador (BYOC Bring Your Own Caregiver). Nos centramos en usted y sus seres queridos, garantizando un apoyo continuo con los profesionales de apoyo directo (DSP) que elija y que llegarán puntualmente. El apoyo directo que elija disfrutará de opciones de compensación flexibles adaptadas a sus necesidades, lo que empodera a los cuidadores para que tengan una experiencia satisfactoria. Unase a numerosas familias que se benefician de la atención compasiva de Empowered Services. ¡Inscríbase hoy y empodere a su familia eligiendo a su propio cuidador para una experiencia de cuidado personalizada y transformadora!



### SELECCIONE

#### EMPOWERED SERVICES PARA:

- ✓ Servicio personalizados de Apoyo Directo
- ✓ Orientación y apoyo compasivo
- ✓ Enfoque colaborativo con familias y redes de apoyos
- ✓ Conexiones significativas entre los clientes y proveedores
- ✓ Entorno seguro, inclusivo y de apoyo
- ✓ Únete a nosotros a apoyar el camino de su ser querido hacia una vida plena
- ✓ Contáctenos hoy para obtener más información sobre cómo podemos ayudar

