

Empowered Services Newsletter September 2025

SEPTEMBER EVENTS

- ☐ 7th-13th: DSP
- ☐ Appreciation Week!
- ☐ 12th: Glowing Fall Leaves
- ☐ -Tualatin Library Event
- ☐ 19th: Shine Night
- ☐ - Newberg NCC

EMPOWERED SERVICES



Just as the seasons change, so do we. September reminds us that every new beginning, whether it's a fresh school year, a new routine, or a personal milestone, brings with it opportunities to learn and to grow. For the IDD community, growth isn't only about big achievements, but also about the small steps that lead to lasting progress.

Like leaves turning to brilliant colors before they fall, each stage of life carries its own beauty. This season, let's celebrate the lessons we've learned, embrace the changes ahead, and honor the incredible growth that happens when we support one another.

- John: CEO



John Marvin: CEO/Founder



Seasons of Learning. Seasons of Growth



As the world shifts into autumn and the air turns crisp, we're reminded that every season brings its own lessons and opportunities. September is a time of new beginnings; a chance to step into fresh routines, open ourselves to learning, and discover growth in places we may not expect.

For the IDD community, growth is not just measured in milestones or achievements, but in the courage it takes to try something new, the joy of small victories, and the resilience that shines through in every season of life. Just like the leaves that transform into brilliant colors, each change we experience carries its own beauty and meaning.

This season, let us embrace learning with open hearts, celebrate growth in all its forms, and support one another as we continue to flourish together. Because when we learn, we grow, and when we grow together, our community becomes stronger, brighter, and more inspiring than ever.

-Sandi
COO



EMPOWERED SERVICES



SEPTEMBER NEWSLETTER

There's something magical about September. The air turns cooler, the leaves hint at their changing colors, and classrooms open their doors to new beginnings. It's a gentle reminder that life itself is full of seasons; each one carrying its own lessons, its own challenges, and its own joys.

At Empowered Services, we see this truth every day. Growth isn't always loud or dramatic. Sometimes it's in the smile of someone mastering a new skill, the bravery of trying something for the first time, or the simple joy of belonging to a supportive community.

These small, steady steps of learning add up to something extraordinary: a life full of meaning, resilience, and hope.

Just as the seasons shift, we too are always growing. This month, let us celebrate the courage it takes to learn, the beauty of change, and the powerful truth that together, as the Empowered Services community, we flourish in every season of life.



EMPOWERED SERVICES



PILLAR OF EMPOWERMENT

Congratulations on being recognized as the Star of the Month. Your dedication and hard work have set a remarkable example!



JULIE OUR FEATURED DSP OF THE MONTH

My name is Julie, and I've lived in Oregon all my life. I'm a mom of three and grandma to eleven, and nothing brings me more joy than spending time with my family. I enjoy walking, working out, and drawing.

I began my career with the state in 2005 and joined Empowered Services in October 2023, which has been a wonderful move for both me and my customer. We share many interests: garage sales, movies, dog walks, and the

gym, and supporting her in the things she can no longer do is deeply rewarding. Her gratitude reminds me daily why this work matters.

What I value most is not only my bond with my customer, but also how Empowered Services truly cares for both customers and providers. The monthly check-ins are just one example of their commitment. I feel fulfilled knowing I work for a company that puts people first and ensures everyone's needs are met.



EMPOWERED STAR

Congratulations on being recognized as the Empowered Star. We are so proud of the example you set for everyone in the IDD Community!



KIMBERLY OUR FEATURED CUSTOMER OF THE MONTH

Hello, my name is Kimberly. I enjoy watching movies, going to garage sales, shopping, and spending time at home. One of my favorite things is when Julie and I go out to eat together; she always goes out of her way to meet my needs. We laugh a lot, and she listens to my jokes, which makes our time together even more enjoyable.

Julie also does a great job encouraging me to get out and about, even on days when I don't feel like it. In the end, I always feel better once I do. I especially appreciate when she encourages me to go to the gym, because afterwards I feel proud of myself.

My piece of advice is this: it's important to listen to your Provider, because sometimes they know what's best for us.

I am thankful to be part of Empowered Services. They truly care about their customers, always check in to see how I'm doing, and take the time to listen. It means a lot to know they are interested in me and what I'm up to.



Fun at the Library



EMPOWERED SERVICES



September & October



WHERE: 18878 SW MARTINAZZI AVE,
TUALATIN, OR 97062

September
12th

2:30pm-4:30pm



Glowing Fall Leaves

Come and paint a Glow in the Dark Fall
Leaf Key Chain for your keys, backpack
or window!



October
10th

2:30pm-4:30pm



Pumpkin Madness

Come and enjoy some crazy pumpkin
creating! How crafty are you?



Autumn

FESTIVAL



Apple Picking & Pumpkin Patch

October 2nd, 2025
3:00pm

EZ Orchards
5504 Hazelgreen Rd NE,
Salem, OR 97305

Click Here
to RSVP
by Sept. 29th



PEANUT BUTTER GRANOLA PINWHEELS

Ingredients:

- 4 tablespoons creamy peanut butter
- 2 flour tortillas (8 inches)
- 2 teaspoons honey
- 1/2 cup granola without raisins

Directions:

1. Spread Peanut Butter over each tortilla
2. Drizzle with honey
3. Sprinkle with granola
4. Roll up
5. Cut into slices
6. Enjoy with a friend!

Prep Time: 10 minutes



Nutrition Facts:

1-1/2 cups: 359 calories, 10g fat (2g saturated fat), 75mg cholesterol, 908mg sodium, 43g carbohydrate (20g sugars, 9g fiber), 30g protein.

Paper Plate Leaf Face:

Supplies:

1. Fall Color Paper Plate
2. Fall Leaves (about 8)
3. Glue
4. Google Eyes or White Paper
5. Markers

Directions:

1. Hunt & Gather Fall Leaves that have fallen
2. Glue them on the top of the plate.
3. Draw a face on the bottom of the plate.



Northwest Christian Church

Presents...

*Back to the
Roaring 20's*
SHINE NIGHT

When: September 19, 2025 @ 6pm to 8pm

Where: Northwest Christian Church

2315 Villa Rd. Newberg, OR 97132

How: Register [HERE](#)




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DSP Appreciation Week!

September 7 – 13, 2025

This week, we celebrate the heart of our mission, our amazing Direct Support Professionals. Each day you show up with compassion, patience, and dedication, making a lasting impact in the lives of the individuals and families we serve.

Your work is not just a job... it is a calling. Whether it's offering encouragement, building independence, or simply being a steady source of kindness, you embody the true meaning of support. The difference you **make** is immeasurable, and your commitment is what empowers our community to thrive.

From all of us: thank you for your compassion, resilience, and unwavering care. You are appreciated not only this week but every single day.

♥ We see you! ♥

♥ We value you! ♥

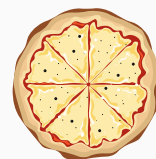
♥ And we couldn't do this without you! ♥

For the week of September 7–13, 2025,
we will be doing drawings for prizes for
YOU on Facebook Live!

Special September Days



September 5 - Cheese Pizza Day!



National Cheese Pizza Day says, "Hold the toppings!" That's right, cheese is all you need when celebrating this pizza holiday. Whether the pie is homemade or ordered in, make it cheese only.

September 8 - STAR TREK DAY



In 1966, a television series pilot known as Star Trek was introduced on American television. Aiming for an adult audience, this was the first time a scientific fiction series would explore morality through scientific narratives.

September 12 - National Video Game Day



Video game players across the United States enjoy this day with much enthusiasm. From their very earliest days, video games have been a blend of art form and industry.

September 19 - Talk Like a Pirate Day



As you are out and about today, don't be surprised if people are saying, "Ahoy Matey," "Avast," "Aye, Aye Capt'n," "Land ho!" "Hornpipe," and many other pirate-like phrases, because it's International Talk Like a Pirate Day.

September 22 - National Family Day



National Family Day encourages everyone to gather around the table and enjoy a meal together.

September 30 - National Chewing Gum Day

In 1848, John B. Curtis developed and sold the first commercial chewing gum, which was called "The State of Maine Pure Spruce Gum."





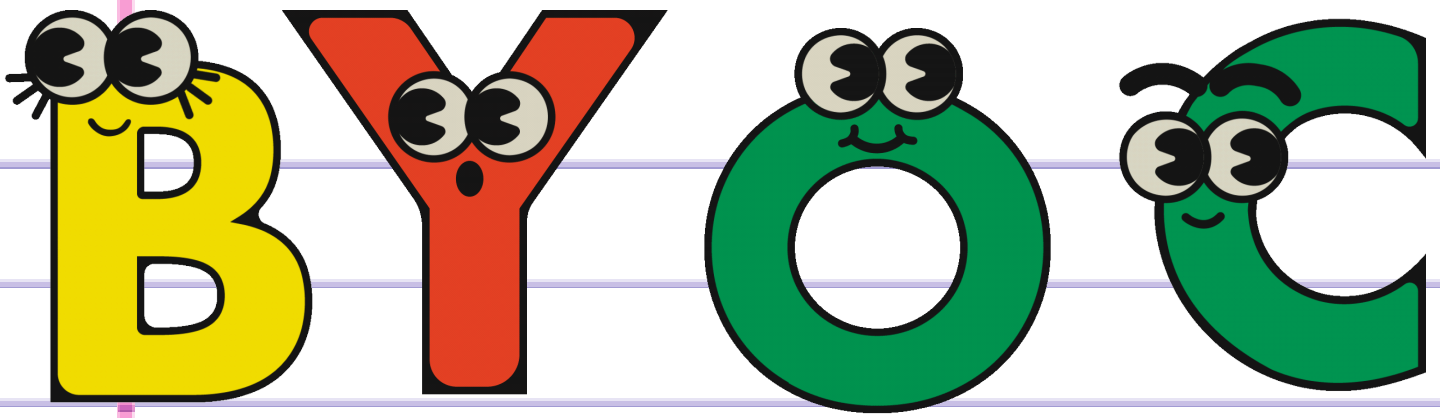
📖 September Community Resources 📖

Just like the start of a new school year, September brings fresh tools, guidance, and opportunities to help us grow stronger together.

These resources are here to support you, whether you're learning something new, finding connection, or reaching for your goals.

Every resource is a step toward inclusion, access, and empowerment.

Together, let's keep building a community where everyone can learn, thrive, and belong.



(Bring Your Own Caregiver)

Program

Simple to Apply,
Compassionate by Design

CLICK HERE
for more
info!

Through our BYOC
Program, your trusted
person can become a
paid caregiver: With
benefits like Health
Insurance, Dental, Vision,
PTO, and 401K.

Because the best
care starts with
someone who
truly knows your
heart!

At Empowered Services,
we believe that care
should never feel like a
transaction. It should
feel like trust, like
family, like home.

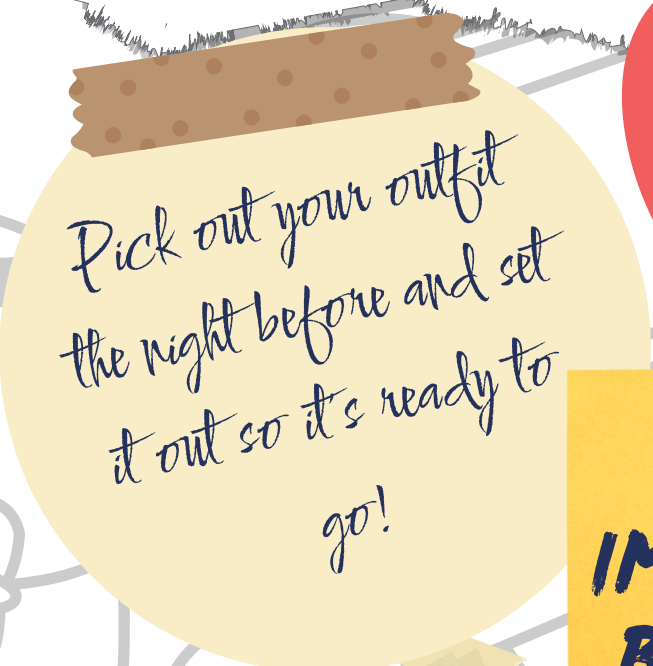




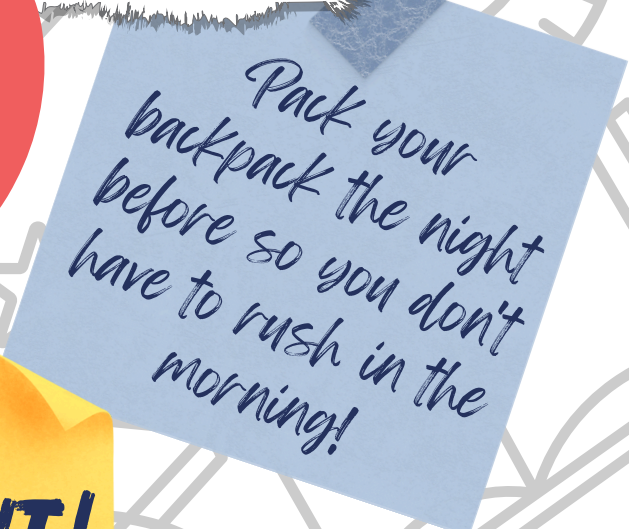
Going Back to School Tips!



BACK
to
SCHOOL



Pick out your outfit
the night before and set
it out so it's ready to
go!



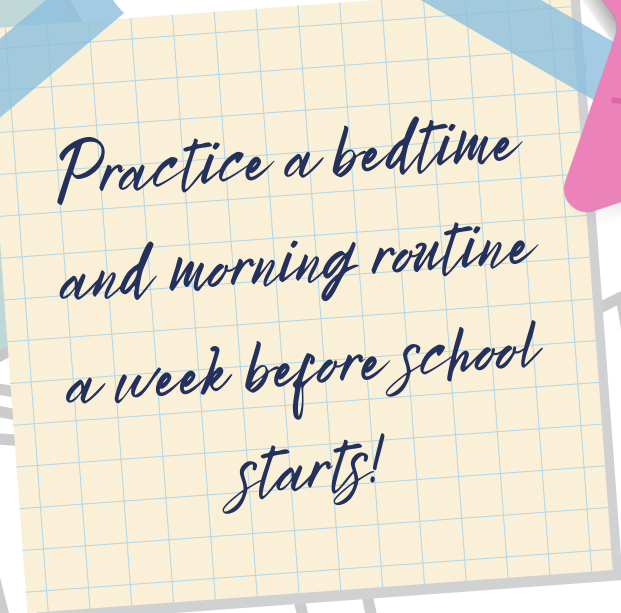
Pack your
backpack the night
before so you don't
have to rush in the
morning!



**MOST
IMPORTANT!
BE EXCITED
TO LEARN!**



Have a
nutritious
breakfast



Practice a bedtime
and morning routine
a week before school
starts!



Pack your
lunch the
night before

EMPOWERED SERVICES BOWLING



Bowling Events

Tuesdays: Sherwood Langers (\$4)
3:00pm to 4:00pm

Wednesdays: Wilsonville Bullwinkles (\$5)
3:30pm to 4:30pm

Fridays: The Rec in Keizer (\$4)
3:30pm to 4:30pm



EMPOWERED SERVICES
INSPIRATION. OPPORTUNITY. SUPPORT

8101 SW Nyberg St.
Suite 217
Tualatin, OR 97062

empowered-services.org



*Are you looking for
places to explore?*

**DATES: September 18th
October 13th and 16th**

Entrance & Parking Fee Waived

Blue Lake Regional Park

21224 NE Blue Lake Road in Fairview

Oxbow Regional Park

3010 SE Oxbow Parkway in Gresham

Broughton Beach Chinook

44141 NE Marine Drive in Portland

Chinook Landing Marine Park

55201 NE 223rd Ave. in Fairview

For more information & dates, visit [Oregon Metro's website](https://www.oregonmetro.gov/).



NOW HIRING!

DIRECT SUPPORT PROFESSIONALS

AT EMPOWERED SERVICES



\$500 REFERRAL BONUS:

Know someone who would be perfect for the job?

LOCATION:

DSP Positions Available
Across All Oregon Counties

RATE OF PAY:

Competitive Pay rate
Available in Part-time or
Full-time positions

Are you outgoing, energetic, and self-motivated? Do you have a passion for helping others and creating a positive impact in your community? If so, we have the perfect job for you!

Join our family-like team at Empowered Services, where you can make a difference while enjoying flexible hours and community-based work.

OUR BENEFITS INCLUDE:

-  Accrued PTO
-  401K matching up to 3%
-  Future health insurance options

REQUIREMENTS:

- ✓ Must be 18 or older with a High School Diploma/GED
- ✓ 1 year of DSP/Customer Service Experience
- ✓ Obtain First-Aid/CPR Certification & pass a background check
- ✓ Clean Driving Record with Full-Coverage Auto Insurance

Take the first step towards your new rewarding career with Empowered Services today!

Join us in our mission to empower individuals every day. Your future starts here!
Empowered Services is an equal opportunity employer.

GET IN TOUCH :

 503-855-3581

 Info@empowered-services.org
www.empowered-services.org
 8101 SW Nyberg St. Suite 217 Tualatin, OR 97062

TO APPLY, SCAN THE QR CODE BELOW





SUPPORTING YOUR LOVED ONE'S JOURNEY TOWARDS A FULFILLING LIFE

At Empowered Services, we specialize in providing personalized Direct Support services to children and adults with developmental disabilities. Our team of caring and compassionate staff and providers are dedicated to improving the lives of those we serve by connecting them with the best possible providers to meet their unique needs and preferences.

We believe that everyone deserves the opportunity and tools to promote a fulfilling life. That's why we're passionate about providing the support and resources necessary to make that happen. We work closely with families, providers, and other support networks to ensure our customers receive the highest quality of care in a safe, inclusive, and supportive environment.

BRING YOUR OWN CAREGIVER PROGRAM

Experience personalized caregiving with our Bring Your Own Caregiver (BYOC) Program! Our focus is on you and your loved ones, ensuring seamless support with your chosen Direct Support Professionals (DSPs) arriving promptly. Your chosen DSP's will enjoy flexible compensation options tailored to your needs, empowering caregivers for a fulfilling journey. Join countless families benefiting from Empowered Services' compassionate care. Enroll today and empower your family by choosing your own caregiver for a personalized and transformative caregiving experience!



CHOOSE EMPOWERED SERVICES FOR:

- ✓ Personalized Direct Support services
- ✓ Compassionate guidance and support
- ✓ Collaborative approach with families and support networks
- ✓ Meaningful connections between customers and providers
- ✓ Safe, inclusive, and supportive environment
- ✓ Join us in supporting your loved one's journey towards a fulfilling life.
- ✓ Contact us today to learn more about how we can help.

GET IN TOUCH : ☎ 503-855-3581



Info@empowered-services.org
www.empowered-services.org



8101 SW Nyberg St.
Suite 217 Tualatin, OR 97062





¡ESTAMOS CONTRATANDO! PROFESIONAL DE APOYO DIRECTO EN EMPOWERED SERVICES



 **BONO DE REFERENCIA DE \$500:**
¿Conoces a alguien perfecto para el trabajo?

 **UBICACIÓN:**
Puesto de DSP (Profesional de Apoyo Directo) disponibles en todos los condados de Oregon

 **TASA DE PAGO:**
Tasa de pago competitiva disponible en puestos de medio tiempo o tiempo completo

¿Eres extrovertido, enérgico y automotivado? ¿Tiene usted pasión por ayudar a los demás y crear un impacto positivo en su comunidad? ¡Si es así, tenemos el trabajo perfecto para ti!
Unase a nuestra equipo familiar en Empowered Services, donde puede marcar la diferencia mientras disfruta de horarios flexibles y trabajo basado en la comunidad.

NUESTROS BENEFICIOS INCLUYEN:

-  PTO (Tiempo libre pagado) Acumulado
-  Aporte al 401k con igualación hasta un 3%
-  Opciones futuras de seguro de salud

REQUERIMIENTOS:

- ✓ Debe tener 18 años o más y un diploma de la High School/GED
- ✓ 1 año de experiencia como DSP/Servicio al cliente
- ✓ Obtener su certificación de primeros auxilios/CPR y pasar una verificación de antecedentes
- ✓ Historial de conducir limpio con seguro de automóvil con cobertura completa

¡Toma el primer paso hacia tu nueva carrera gratificante con Empowered Services hoy!

Unase a nuestra misión para empoderar a las personas todos los días.
¡Su futuro comienza aquí! Empowered Services es un empleador que ofrece igualdad de.

PONTE EN CONTACTO :

 503-855-3581

 Info@empowered-services.org
www.empowered-services.org
 8101 SW Nyberg St. Suite 217 Tualatin, OR 97062

PARA APLICAR, ESCANEE EL CÓDIGO QR





APOYANDO EL CAMINO DE SU SER QUERIDO HACIA UNA VIDA PLENA

En Empowered Services nos especializamos en brindar servicios de Apoyo Directo personalizado a niños y adultos con discapacidades del desarrollo. Nuestro equipo de personal y proveedores atentos y compasivos están dedicados a mejorar la vida de losn que servimos conectandolos con los mejores proveedores posible para satisfacer sus necesidades y preferencias únicas.

Creemos que todos merecen la oportunidad y herramientas para promover una vida plena. Es por eso que nos apasiona brindar el apoyo y recursos necesarios para hacerlo posible. Trabajamos en estrecha colaboración con las familias, proveedores y otras redes de apoyo para garantizar que nuestros clientes reciban la más alta calidad de cuidado en un entorno seguro, inclusivo y de apoyo.

PROGRAMA DE TRAER SU PROPIO CUIDADOR

Experimente un cuidado personalizado con nuestro programa Traer su propio cuidador (BYOC Bring Your Own Caregiver). Nos centramos en usted y sus seres queridos, garantizando un apoyo continuo con los profesionales de apoyo directo (DSP) que elija y que llegarán puntualmente. El apoyo directo que elija disfrutará de opciones de compensación flexibles adaptadas a sus necesidades, lo que empodera a los cuidadores para que tengan una experiencia satisfactoria. Unase a numerosas familias que se benefician de la atención compasiva de Empowered Services. ¡Inscríbase hoy y empodere a su familia eligiendo a su propio cuidador para una experiencia de cuidado personalizada y transformadora!



SELECCIONE

EMPOWERED SERVICES PARA:

- ✓ Servicio personalizados de Apoyo Directo
- ✓ Orientación y apoyo compasivo
- ✓ Enfoque colaborativo con familias y redes de apoyos
- ✓ Conexiones significativas entre los clientes y proveedores
- ✓ Entorno seguro, inclusivo y de apoyo
- ✓ Únete a nosotros a apoyar el camino de su ser querido hacia una vida plena
- ✓ Contáctenos hoy para obtener más información sobre cómo podemos ayudar

