



Swindells Resource Center



Next Up on the Calendar

There is still time to register!

**Your Child's Plan for Special
Education**

Knowing the Difference: 504 Plan or IEP



The Swindells Resource Center

Your Child's Plan for Special Education

Please join **Katie Jackson M.S. Ed, Educational Advocate & Consultant** at Northwest Neurodevelopment Center for these virtual workshops-
Overviews on the Individualized Education Plan (IEP) process.

Knowing the Difference 504 Plan or IEP

Tuesday, September 19th

6:00 PM-7:00 PM

- ✓ Section 504 and IDEA at a glance
- ✓ Eligibility Criteria
- ✓ Essential components of an effective IEP and 504 Plan



Click or Scan the
QR Code to
Register

IEP: Next Steps

Tuesday, October 24th

6:00 PM-7:00 PM

- ✓ Monitoring progress
- ✓ Communication strategies with school and IEP team
- ✓ Advocating for your child



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Register



For more information:

swindells@providence.org | 503-215-2429



This opportunity is free thanks to the support of the Providence Children's Health Foundation and their generous donors.

Transition to Adulthood Series

New Dates



Navigating your Adolescent's Future Services and Supports

Join us for this online series
presented by Alisha Langford, ChSNC with the Abeona Group

Age 18 Transition Planning

Tuesday, September 26 | 6-7:30 pm

- Understanding changes to government benefit eligibility
- Preparing for eligibility of programs and benefits
- Saving for financial needs without effecting benefits and services
- Resources to help your child reach their long-term goals



ABLE Accounts and Special Needs Trust

Tuesday, October 3 | 6-7:30 pm *New Date*

- The differences between ABLE Accounts and Special Needs Trusts
- Transition planning strategies
- Why, when, and how to start the process
- Qualifying for and protecting government benefits



Government Benefits

Developmental Disability Services, K-Plan, SSI, and Medicaid

Tuesday, November 7 | 6-7:30 pm

- Eligibility
- Services offered
- Where to start
- When to apply
- How to best utilize services for short - and long - term planning



**Click or Scan
to Register**

ABEONA
GROUP

For more information
503-215-2429
swindells@providence.org

PROVIDENCE
Children's Health

This opportunity is free thanks to the support of the Providence Children's Health Foundation and their generous donors.

New to the Calendar



El centro de recursos de Swindells

Preparación práctica para emergencias para familias ocupadas

Información y recursos prácticos



Lunes - 9 de octubre
6:00 - 7:00 p.m.

Temas:

- herramientas prácticas, gratuitas o económicas para desarrollar un plan de desastre/emergencia
- planificación para tanto para evacuar como para refugiarse en el lugar.
- cómo comenzar, continuar o finalizar su plan.



Haga clic o escanee para registrarse:

Para obtener más información:
swindells@providence.org | 503-215-2429



Este taller es gratis gracias al apoyo generoso de la Fundación por la Salud de los Niños y nuestros socios comunitarios.



Swindells Resource Center

Practical Emergency Preparedness for Busy Families:

Practical Resources and Information

Event Details

Tuesday
October 10
6:00-7:00 PM
Online



Click or Scan the QR Code to Register

Please join us for this online workshop presented by **Lydia Dennehy** the **Oregon Family to Family Health Information Center** where we will discuss practical, free or inexpensive tools for developing a disaster/emergency plan.

- ✓ Specific steps to take prior to an emergency
- ✓ Plan for situations requiring both evacuating and for sheltering in place
- ✓ "Think it through, talk it Through"
- ✓ Making Stay Kits & Go Kits
- ✓ Handouts and additional resources

For more information: swindells@providence.org 503-215-2429

This workshop is being offered in **Spanish** on Monday, October 9.
Este taller se ofrecerá en **español** el lunes 9 de octubre.

This opportunity is free thanks to the support of the Providence Children's Health Foundation and their generous donors.





Centro de recursos de Swindells

Transición a la atención médica

¿Están usted y su joven preparados para los cambios en atención médica que sucede cuando cumplen 18 años?

Lunes
23 de octubre
6:00 PM - 7:00 PM
En línea



Haga clic o escanee para registrarse


Únase a nosotros en un taller para cuidadores de niños con necesidades de salud física complejas o excepcionales. Presentado por Ana Brooks de el Centro de información de salud de familia a familia de Oregón (OR F2F HIC).

- Herramientas prácticas para gestionar las transiciones de la atención sanitaria
- Alineando proveedores de atención primaria y especialistas
- Plan de comunicación
- Prepare a su joven para que sea su propio defensor de la atención médica

Para más información: swindells@providence.org 503-215-2429



Esta oportunidad es gratuita gracias al apoyo de Providence Children's Health Foundation y sus generosos donantes.




Swindells Resource Center

Planning for a Healthy Transition

Are you and your young person ready for the changes in health care that happen when they turn 18?

Wednesday
October 25
6:30 PM - 7:30 PM
Online




Click or Scan to Register

Join us as we welcome Lydia Dennehy from Oregon Family to Family Health Information Center for this interactive workshop supporting your child's move from pediatric to adult focused health care.

- Practical tools for managing health care transitions
- Lining up primary care providers and specialists
- Plan for communication
- Prepare your young person to be their own health care advocate

This workshop is being offered in **Spanish** on Monday, October 23.
Este taller se ofrecerá **en español** el lunes 23 de octubre.

For more information: swindells@providence.org 503-215-2429



This opportunity is free thanks to the support of the Providence Children's Health Foundation and their generous donors.

Sibshops Workshops

Registration now open for the in-person workshop on Saturday, October 21



Sibling group for brothers and sisters, ages 8-13, of children with special developmental needs

Siblings can share stories, give and receive support, as well as, have fun with children who have similar experiences.

SAVE THE DATE!

 Saturdays

Virtual

10:30 AM - 11:30 AM

In Person

Providence Child Center
9:30 AM - 12:00 PM

Sept 16

Nov 18

To Register:

 971-415-5349

 Swindells@Providence.org

Oct 21

Dec 16

Sibshops is free thanks to the support of the Providence Children's Health Foundation and their generous donors.

Sibshops are pedal-to-the-metal events where siblings, **ages 8-13**, of children with special developmental needs will meet other sibs (usually for the first time), have fun, laugh, talk about the good and not-so-good parts of having a sib with special health needs, play some great games, and have fun!

Register Today!

971-415-5349

swindells@providence.org

Join us for **What is Sensory?** and **Sensory Strategies for Home and School**
presented by **Shannon Donnelly!**



Swindells Resource Center

presents

Sensory PDX

2023-2024 Series

Please join us as we welcome **Sharron Donnelly, MS, OTR/L**,
owner of Advanced Pediatric Therapies
for a series of virtual workshops addressing all things sensory!

What is Sensory?

An introduction to
Sensory Processing Disorder

Wednesday,
October 11th

6:00 PM-7:00 PM

- The impacts on behavior, attention, learning, and social interactions
- Take-away tools for supporting self-regulation and sensory challenges.



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Sensory Strategies

for Home and School

Wednesday,
November 8th

6:00 PM-7:00 PM

- Problem solving tools for everyday situations
- The importance of understanding your child's sensory differences



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Swindells Resource Center | 830 NE 47th Avenue, Portland, OR 97213

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