

EMPOWERED SERVICES NEWSLETTER

INSPIRATION

OPPORTUNITY

SUPPORT



**EMPOWERING
INDIVIDUALS TO GO
BEYOND LIMITATIONS**



LET'S MEET JOHN MARVIN EXECUTIVE DIRECTOR/FOUNDER

John grew up in Canby, Oregon. His passion for those with physical and developmental disabilities started in high school when he was a teacher's aide in a class of students with special needs. He also volunteered at the Special Olympics and is now on their Planning Board. John Founded Empowered Services in 2018. His greatest joy is to see customers and their families matched with a great provider. He says, "When we offer support to our customers, a weight is lifted off of the family's shoulders. It feels like we are making a difference in their lives and making the world a better place."

Star of the Month

Let's meet Bryce.

At age 16, Bryce was Empowered Services' first Client.

He loves Legos, his dog "Gribble", music, and would someday like to work with dogs and cats at an animal shelter. Bryce is a senior at Wilsonville High School this year. He has worked his way into being a volunteer at his school's library. We look forward to him graduating in June.



Community Activities

Molalla Train Park is still open – Sundays 11am - 4pm – Free (Donations Welcome). Rides last 7-10 minutes and are open to all ages. The Harry Harvey Snack Stand has hot dogs, popcorn, snow cones, soda and various souvenirs that are available to purchase during Sunday runs.

<https://pnls.org/molalla-train-park/>

Swan Island Dahlia Festival – Open most days – Music and Food Trucks on weekends. Free Admission, Free Parking, and ADA Accessible.

<https://www.dahlias.com/our-farm/annual-dahlia-festival>

<https://ncprd.com/event/fiesta>

Stafford Hamlet Family Fest 2022 - Sat. at 10:00 am to 4:00 pm - Come and enjoy food vendors, music, games, corn maze, farm animals, wine tasting and good old fashioned family fun!

https://staffordhamlet.com/event/stafford-hamlet-family-fest-2022/?instance_id=223

Hot Wheels Monster Trucks at the Moda Center – Saturday September 17th for the Monster Truck fans out there...<https://www.rosequarter.com/calendar-events/hot-wheels>

- Wings and Waves equal indoor water fun
- Check your local library also for FUN stuff to do
- 09/17 at 10am: DANCE DANCE OREGON CITY (Public Library)
- 09/17 at 3pm: DANCE DANCE OREGON CITY (Tyrone S. Woods Park)
- 09/28 at 10:15am: Sellwood Community House Creative Club
- Every Monday from 5-5:30pm: Mindfulness Mondays, Guided Meditation with Sage
- Fall events: Apple Picking Spots: <https://tinyurl.com/uxzsp28a>
- Local Sunflower Fields: <https://tinyurl.com/27vcvujw>
- Pumpkin Patch Corn Maze! <https://www.portlandmaize.com>

[HTTPS://www.columbiaplayproject.org](https://www.columbiaplayproject.org)



Smile at someone you don't know and make their day!

How to Develop a Back-up Plan

With holidays quickly approaching we really need to develop a plan for Back-Up. It is important for your peace of mind and safety to be prepared in advance if your primary caregiver is unable to work. This will help ease anxiety and ensure continuity of services. Here are some suggestions:

- Interview several caregivers at a time. Ask the suitable candidates if they would be willing to serve as back-ups.
- Keep a list and check in with your candidates on a regular basis to make sure they are still willing and able to be available on short notice.
- Keep an updated calendar of when each caregiver can work.
- Be aware of what services will need to be covered by a back-up care-giver. Keep your service plan and caregiver job up-to-date so that everyone involved knows your expectations and service needs.

FRIDAY

Weekly afternoon Bowling Outings

Bullwinkle's - Family Fun Center

Wilsonville Location 4pm-5:30pm

Only \$4.00 for shoes

<https://www.fun-center.com/wilsonville>

The REC - Bowling Alley

Keiser Location 3:30pm-5pm

Only \$3.50 for entry and shoes

<https://welcometotherec.com>

For more information about Empowered Services
and weekly outings or events go to
esactivitydirectorteam@gmail.com

Resources

Fact Oregon Back to School Learning Series,

<http://www.factoregon.org>

Swindells Resource Center trainings coming up:
<https://psjhcsmwebsites.microsoftcrmportals.com>

Search for The Swindells Center location

<https://www.providence.org/locations/or/childrens-health/swindells-resource-center>
<https://www.providence.org>

More Resources

**Classes and seminars for
parents and Caregivers will
become available in the
future.**

**Questions, please contact
Connie @ 971.337.6449
cbarham252@gmail.com
esnewsletterteam@gmail.com**



Brinnon Tyler - Assistant Director

When I was younger, I was picked on a lot because I was not like everyone else. I learned slower than others. I didn't express myself like others expected me to, and I was generally quiet and had few friends. I have always been drawn to the underdog or those that are unique and different. I used to serve in the lunchroom at school and make sure that kids got what they needed. I have always wanted people to know that they have a voice, and that I saw them and accepted them for who they are.

As an adult, I have made it a goal to show respect and value to everyone I come in contact with. I have a passion to inspire those who need assistance or are just different from what people would generally call normal. I enjoy serving and helping others succeed and live out their passions and dreams!



\$500!! HIRING BONUS

Requirements:

- New Hire Referral must work a minimum of 20/hrs a week for first 90 days
- Follow Empowered Services policies and procedures

*Bonus paid to you after they meet all requirements a 90 days from hire date

Ask about our
\$200 Referral Bonus



Gift Card Raffle

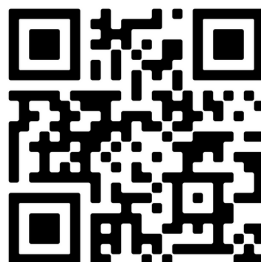
Family or DSP

Please send your Favorite Summer Photo with your Customer to:
esnewsletterteam@gmail.com



Friday October 7th, 2022

WORLD
SMILE
DAY



SCAN ME

Newsletter Editor -Connie B Has been with Empowered Services since day one. She has a special needs son and has been in the Provider Support business for 23 years. She has lots of experience in helping families with special needs and has a plethora of knowledge and resources. Email her at:
esnewsletterteam@gmail.com